

# RICE AND BREADS

## Rice

**Plain rice** - with a little salt

**Jeera rice** - with salt and cumin seeds

**Pilau rice** – yellow boiled rice with mixed vegetables and cashew nuts

**Mutter rice** – peas and cumin seeds

**Fried rice** – boiled rice then cooked with onions and spices

**Khichri** – long grain rice slow cooked with tuver daal

**Moong khichri** – long grain rice slow cooked with moong daal

**Veg Briyani** – boiled and mixed with a range of spiced vegetables

**Chicken Briyani** - boiled and then mixed with slow cooked spiced chicken

**Lamb Briyani** – boiled and them mixed with slow cooked spiced lamb

## Breads

**Chapattis** – thinly rolled and cooked on a tava

**Bhakri** – thicker chapatti seasoned with cumin and salt, cooked on a tava with a little oil

**Tepla** - a thicker chapatti season with spices and Fenugereek leaves cooked on a tava with a little oil.

**Plain Naan** – hand rolled bread cooked in a tandoor

**Garlic and coriander naan** – hand rolled cooked All copy right reserved to Surti Swad Limited in a tandoor



**Herby naan** – soft flat bread with a sprinkle of mixed herbs

**Bhatura** – hand rolled breads fried season with salt and coriander

**Puris** – miniature chapattis rolled and fried

**Spicy puris** – same as above but with a little spice

