

RICE AND BREADS

Rice

Plain rice - with a little salt

Jeera rice - with salt and cumin seeds

Pilau rice – yellow boiled rice with mixed vegetables and cashew nuts

Mutter rice – peas and cumin seeds

Fried rice – boiled rice then cooked with onions and spices

Khichri – long grain rice slow cooked with tuver daal

Moong khichri – long grain rice slow cooked with moong daal

Veg Briyani – boiled and mixed with a range of spiced vegetables

Chicken Briyani - boiled and then mixed with slow cooked spiced chicken

Lamb Briyani – boiled and them mixed with slow cooked spiced lamb

Breads

Chapattis – thinly rolled and cooked on a tava

Bhakri – thicker chapatti seasoned with cumin and salt, cooked on a tava with a little oil

Tepla - a thicker chapatti season with spices and Fenugereek leaves cooked on a tava with a little oil.

Plain Naan – hand rolled bread cooked in a tandoor

Garlic and coriander naan – hand rolled cooked All copy right reserved to Surti Swad Limited in a tandoor



Herby naan – soft flat bread with a sprinkle of mixed herbs

Bhatura – hand rolled breads fried season with salt and coriander

Puris – miniature chapattis rolled and fried

Spicy puris – same as above but with a little spice

